ProRide
Cycling for Schools

BALANCE BIKE DAYS

Balance Bike Fun for EYFS/KS1



Develop control, balance and confidence with a Pro-Ride Balance Bike Fun Day

Our balance bike fun days are a great way for Early Years and Key Stage 1 children of all abilities to develop coordination, balance and control, preparing them for a lifetime of confident cycling.

Each day delivers a series of small group sessions lasting 45 minutes to an hour (depending on age and number of sessions) where we cover basic bike handling, stopping, turning and of course, balancing through a program of fun games, challenges and obstacle activities.

All equipment is provided so no special clothing or preparation is necessary. We can cater for up to 90 children a day with options 60, 75 or 90 places. Sessions usually take place outdoors but can be switched indoors in unsuitable weather.

To book a day for your school or to check availability and prices, please feel free to get in touch or check the website for details.



"The children loved it. Clear messages were delivered in a fun interactive way and every child gained a priceless lesson whilst having fantastic fun"

Chris Dyson, Headteacher, Parklands Primary School, Leeds.

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